

## Week 29– Questions to Consider

Psalm 84 ~ Psalm 85 ~ Psalm 86 ~ Proverbs 18

### Small Group Warm Up Question:

What is your favorite part about church? Why?

1. What sort of places do you hope to travel to in the future? What is one of your favorite vacation spots in the past? Why? Read how Psalm 84 starts with the first four verses. How does this perspective and future hope help Christian saints to endure in the midst of so much earthly suffering? What are some of your favorite Bible verses about Heaven?
2. Read Psalm 84:10. If you chose to memorize this, when do you think the Lord would bring it back to mind to help you? Why is Scripture memorization such an effective spiritual discipline?
3. What are some of your favorite verses that you have memorized? Why did you memorize them? Have you found any helpful techniques to help you memorize Scripture?
4. When is a time that you think you endured the discipline of the Lord? What did the Lord teach you in that season of discipline? How did He “revive” you “again” after that difficult season? (Psalm 85)
5. What are some of God’s blessings you are grateful for? Why is gratitude to God evidence of Christian faith? (Psalm 85:10-13)
6. Why do little children seek out their parents when they are hurt, frustrated, or afraid? In a similar way, why should Christians diligently and desperately seek out Jesus in prayer when they have a situation that overwhelms them? (Psalm 86:1-7)
7. What are some of your favorite parts of Psalm 86 that describe who God is? Why do you think David included these descriptions?
8. Do you think much about Hell? Should you? Why is God’s deliverance of you from Hell such an important truth to remember? (Psalm 86:13)
9. What are some ways the Lord has shaped and grown your prayer life? How have you found the Psalms a helpful guide in prayer? How have the Proverbs helped you in prayer?
10. How does someone “isolate themselves” in order to seek “his own desire”? (Proverbs 18:1) Why do such isolating choices not end well?
11. How have you seen Proverbs 18:2 in life? Proverbs 18:6-7? How do these verses encourage you in watching the words you use?
12. How does a bad work ethic harm others? Harm oneself? (Proverbs 18:9)

More questions @ [www.southfork.church/psalms-proverbs-discussion-guide](http://www.southfork.church/psalms-proverbs-discussion-guide)

[www.TrustworthyWord.com](http://www.TrustworthyWord.com)

[www.Bible.video](http://www.Bible.video)

## How to Escape Spiritual Sadness: *Revive Us Again*

Psalm 85 (ESV)

Psalm 85:6 “Will you not revive us again,  
that your people may rejoice in you?” (ESV)

### What To Do When You Are In A Spiritual Funk

#### 1) R\_\_\_\_\_ God’s Past Spiritual Blessings

Psalm 85:1–3

LORD, you were favorable to your land;  
you restored the fortunes of Jacob.  
[2] You forgave the iniquity of your people;  
you covered all their sin. Selah  
[3] You withdrew all your wrath;  
you turned from your hot anger.

Bible Stories - Bible Miracles - Bible Realities - Bible Truths  
God’s Amazing Forgiveness & Mercy Over Our Past Sins  
God’s Incredible Gifts & Kindness; His Undeserved Favor  
Photo Albums - Family Videos - Heirlooms - Memories  
Church - VBS - Salvation - Retreat - Camp - Mission Trip  
Ministry - Small Group Study - Book - Revival - Christian Camp  
Growing Up - Family - Childhood - Youth - Adulthood  
Friends - Job - Car - Abilities - Food - Shelter  
Marriage - Children - Grandchildren

July 23, 2023

## 2) \_\_\_\_\_ Specifically For God's Restoration

Psalm 85:4-7

Restore us again, O God of our salvation,  
and put away your indignation toward us!

[5] Will you be angry with us forever?

Will you prolong your anger to all generations?

[6] Will you not revive us again,

that your people may rejoice in you?

[7] Show us your steadfast love, O LORD,  
and grant us your salvation.

*Father, please heal my hurts & regrets*

*Jesus, fill my mind with your truths*

*Holy Spirit, comfort my loneliness with your presence*

*God, give me childlike joy in you*

*Lord, show me your powerful love*

## 3) Get Back Up and M\_\_\_\_\_ to Jesus

Psalm 85:8-9

Let me hear what God the LORD will speak,  
for he will speak peace to his people, to his saints;  
but let them not turn back to folly.

[9] Surely his salvation is near to those who fear him,  
that glory may dwell in our land.

*Get to Church & Sunday School Small Groups*

*Read & Listen to the Bible*

*Believe & Meditate on His Promises*

*Resist Temptation & Refuse to Choose Sin*

*Armor Up & Fight Satan's Attacks*

*Invest in Godly Friendships & Family*

*Serve with God's Gifts - Time - Talents - Treasures - Thoughts*

*Speak God's Truth and Love*

*Reach Out to Others: [www.southfork.church/historical-bulletins](http://www.southfork.church/historical-bulletins)*

## 4) T\_\_\_\_\_ God's Love & Faithfulness

Psalm 85:10-13

Steadfast love and faithfulness meet;  
righteousness and peace kiss each other.

[11] Faithfulness springs up from the ground,  
and righteousness looks down from the sky.

[12] Yes, the LORD will give what is good,  
and our land will yield its increase.

[13] Righteousness will go before him  
and make his footsteps a way.

*Be Born Again: Let God Save You*

[www.spiritualwarfare.blog/saved](http://www.spiritualwarfare.blog/saved)

*Be Sure of Your Salvation: Examine Your Faith*

[www.spiritualwarfare.blog/examine](http://www.spiritualwarfare.blog/examine)

*Be Amazed at the Evidence of God*

[www.spiritualwarfare.blog/evidence](http://www.spiritualwarfare.blog/evidence)

*Focus on Who God Is*

[www.spiritualwarfare.blog/character-of-god](http://www.spiritualwarfare.blog/character-of-god)

*Celebrate What God Has Done*

[www.spiritualwarfare.blog/miracles-of-god](http://www.spiritualwarfare.blog/miracles-of-god)

*Honor His Holy Name*

[www.spiritualwarfare.blog/names-of-god](http://www.spiritualwarfare.blog/names-of-god)

*Long for His Future Return & Blessing*

[www.spiritualwarfare.blog/heaven](http://www.spiritualwarfare.blog/heaven)

### **This Next Week's Psalms & Proverbs Reading Plan:**

Week 30: Psalm 87 ~ Psalm 88 ~ Psalm 89 ~ Proverbs 19:1-13

- **Hope & Purpose in Jesus:** [www.southfork.church/jesus](http://www.southfork.church/jesus)

- **Daily Verse by Text Message:** [remind.com/join/sfbcdevo](http://remind.com/join/sfbcdevo)

- **Our Plan:** [www.southfork.church/2023-bible-reading-plan](http://www.southfork.church/2023-bible-reading-plan)

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