

Week 35– Questions to Consider

Psalms 102 ~ Psalms 103 ~ Psalms 104 ~ Proverbs 21:16-31

Small Group Warm Up Question:

What is your favorite Christian book or study?

1. How do you feel when you are trying to share something important and the person you are speaking to does not seem to be paying attention? Why do you think so many Psalms start like Psalm 102, with the request for God to listen to the requests ahead? Do we always speak humbly to God in prayer? What are ways in which we shouldn't start our prayers?
2. Which of all the sorrowful descriptions in Psalm 102:3-11 have you ever been able to relate to? What were those experiences like? In such seasons of difficult, why is important that we refocus our eyes on our Lord just as the psalmist does in Psalm 102:12-17?
3. What are some of your hopes and prayers for the “next generation”? What is one of the reasons given for the existence of the Psalms? (Psalm 102:18)
4. Do you think Psalm 102:20 is a good description of lostness? Why or why not? How does this description make you more grateful for what Jesus accomplished on the cross?
5. Have you ever had a “near death” experience where you felt like your life would be much shorter than you expected? (Psalm 102:23-24) How did God change you through that experience?
6. How have you seen that God is “the same” in the Psalms and Old Testament as He is in the New Testament? (Psalm 102:27)
7. What does it mean to “bless the Lord”? How does our “soul” do that? What does it look like to bless the Lord with “all that is within me”? (Psalm 103:1)
8. Does it make sense that God “heals all your diseases”? (Psalm 103:3) How can we say this is true with the ongoing existence of so many diseases here on earth? When we think of diseases, do we primarily think of physical/medical disease or the disease of sin? Do you think eternity in Heaven might be the way in which God ultimately heals us from “all your diseases”?
9. Which is your favorite description of God in Psalm 103? Why?
10. Psalm 104 describes God as Creator. Why do you think this is helpful to us? What are some of your favorite descriptions of God as Creator in Psalm 104? John 1:1-13 is one passage that helps us see Jesus' role as Creator. What are some other connections to and prophecies about Jesus that you have seen in the Psalms?

More questions @ www.southfork.church/psalms-proverbs-discussion-guide

Jesus in the Psalms: 3 Ways to Pray

T_____ Jesus, Our King!

Psalm 99:1 "The LORD reigns; let the peoples tremble!
He sits enthroned upon the cherubim; let the earth quake!"

Psalm 102:12 "But you, O LORD, are enthroned forever;
you are remembered throughout all generations."

- Hebrews 1:1–4 “Long ago, at many times and in many ways, God spoke to our fathers by the prophets, [2] but in these last days he has spoken to us by his Son, whom he appointed the heir of all things, through whom also he created the world. [3] He is the radiance of the glory of God and the exact imprint of his nature, and he upholds the universe by the word of his power. **After making purification for sins, he sat down at the right hand of the Majesty on high,** [4] having become as much superior to angels as the name he has inherited is more excellent than theirs.”
- Hebrews 1:8 “But **of the Son he says, ‘Your throne, O God, is forever and ever,** the scepter of uprightness is the scepter of your kingdom.”
- Hebrews 12:1–2 “Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, [2] **looking to Jesus,** the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and **is seated at the right hand of the throne of God.**”
- Matthew 25:31–33 “When the Son of Man comes in his glory, and all the angels with him, then **he will sit on his glorious throne.** [32] Before him will be gathered all the nations, and he will separate people one from another as a shepherd separates the sheep from the goats. [33] And he will place the sheep on his right, but the goats on the left.”

W_____ Jesus, Our Creator & Shepherd!!

Psalm 100:3 “Know that the LORD, he is God! It is he who made us, & we are his; we are his people, & the sheep of his pasture.”

Psalm 102:25–27 “Of old you laid the foundation of the earth, and the heavens are the work of your hands. [26] They will perish, but you will remain; they will all wear out like a garment. You will change them like a robe, and they will pass away, [27] but you are the same, and your years have no end.”

Psalm 104:24 “how manifold are your works! In wisdom have you made them all; the earth is full of your creatures.”

- John 1:1–3 “In the beginning was the Word, and the Word was with God, and the Word was God. [2] He was in the beginning with God. [3] All things were made through him, and without him was not any thing made that was made.”
- John 10:11 “I am the good shepherd. The good shepherd lays down his life for the sheep.”
- 1 Peter 5:4 “And when the chief Shepherd appears, you will receive the unfading crown of glory.”

T_____ Jesus, Our Savior & The Messiah (Christ, Anointed One)!!!

Psalm 102:18–22 “Let this be recorded for a generation to come, so that a people yet to be created may praise the LORD: [19] that he looked down from his holy height; from heaven the LORD looked at the earth, [20] to hear the groans of the prisoners, to set free those who were doomed to die, [21] that they may declare in Zion the name of the LORD, and in Jerusalem his praise, [22] when peoples gather together, and kingdoms, to worship the LORD.”

Psalm 103:3–4 “who forgives all your iniquity, who heals all your diseases, [4] who redeems your life from the pit, who crowns you with steadfast love and mercy”

Some of the prophecies of Jesus Christ in the Psalms:

www.trustworthyword.com/evidence-for-jesus

- Priest Like Melchizedek – Psalm 110:4, Zechariah 6:12-13, Hebrews 6:20, 5:5-6, 7:15-17
- Rejected by Jews – Isaiah 53:3, Psalm 2:2, Jn 1:11, 5:43, Lk 4:29, 17:25
- Characteristics – Isaiah 11:2, Psalm 45:7, Luke 2:52, 4:18
- Betrayed by a Friend – Psalm 41:9, Mark 14:10
- Judas’ Position Replaced – Psalm 109:7, Acts 1:18-20
- False Witnesses’ Accused Him – Psalm 27:12, Matthew 26:60-61
- Hated Without Cause – Psalm 69:4, John 15:23
- Hands and Feet Pierced – Psalm 22:16, John 20:27
- Mocked and Insulted – Psalm 22:6-8, Matthew 27:39-40
- Given Gall and Vinegar – Psalm 69:21, John 19:29
- Hears Prophetic Words Used As Mockery – Psalm 22:8, Matthew 27:43
- Prays for His Enemies – Psalm 109:4, Luke 23:34
- Soldiers Cast Lots for His Clothes – Psalm 22:18, Matthew 15:24
- Not a Bone to Be Broken – Psalm 34:20, John 19:33
- Resurrection – Psalm 16:10, Matthew 28:9
- Ascension into Heaven – Psalm 68:18, Luke 24:50

This Next Week’s Psalms & Proverbs Reading Plan:

Week 36: Psalm 105-107 ~ Proverbs 22:1-16

- **Hope & Purpose in Jesus:** www.southfork.church/jesus
- **Daily Verse by Text Message:** remind.com/join/sfbcdevo
- **Our Plan:** www.southfork.church/2023-bible-reading-plan

Jesus in the Psalms: 3 Ways to Pray

Trust Jesus, Our King!

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Worship Jesus, Our Creator & Shepherd!!

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Thank Jesus, Our Savior & The Messiah (Christ, Anointed One)!!!

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